

BAB V

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang berjudul Profil Penggunaan Furosemid pada Pasien Gagal Ginjal Kronik yang dilakukan di Instalasi Rawat Inap (IRNA) RSUD Kabupaten Sidoarjo periode Juli 2014 – Desember 2014 diperoleh kesimpulan sebagai berikut :

- a. Penggunaan diuretik yang paling banyak adalah furosemid tunggal sebanyak 12 pasien (39%) (3x40mg) PO.
- b. Penggunaan furosemid lebih banyak dikombinasi dengan antihipertensi yaitu amlodipin sebanyak 7 pasien (22%) furosemid (1x40mg) PO + Amlodipin (1x10mg) PO.
- c. Penggunaan furosemid yang diberikan pada pasien penyakit ginjal kronik terkait dengan rute, dosis, dan frekuensi sudah sesuai dengan dengan *guideline* Aminoff, 2010 yang telah ada sebelumnya.
- d. Pasien dengan kondisi pulang perbaikan yang sudah sesuai dengan guidline Pagana and pagana, 2013 sebanyak 5 pasien (16%). Sedangkan kondisi pasien pulang perbaikan yang tidak sesuai dengan guidline 26 pasien (84%).

5.2 Saran

- a. Diperlukan penulisan RMK yang lebih lengkap, sehingga didapatkan data yang lebih baik untuk penelitian selanjutnya.
- b. Diperlukan peningkatan peran farmasis dalam asuhan kefarmasian sebagai tim pelayanan kesehatan terhadap pasien.

- c. Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati secara langsung kondisi pasien dan terapi obat yang diberikan kepada pasien, serta dapat berinteraksi dengan pasien, dokter dan para klinisi lain sehingga dihasilkan profil penggunaan obat yang representatif.

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