

BAB 5

KESIMPULAN DAN SARAN-SARAN

5.1. Kesimpulan

Berdasarkan data penelitian yang telah dilakukan, maka dapat disimpulkan bahwa:

1. Ekstrak *Vernoniae cinerea*e Herba mempunyai efek antiinflamasi.
2. Ada hubungan antara peningkatan dosis pemberian ekstrak *Vernoniae cinerea*e Herba dengan peningkatan efek antinflamasi pada jam ke-3 dan jam ke-4.

5.2. Saran-saran

1. Perlu dilakukan penelitian lebih lanjut dengan jumlah sampel yang memenuhi untuk suatu penelitian.
2. Perlu dilakukan penelitian lebih lanjut untuk mengidentifikasi zat aktif yang berkhasiat sebagai antinflamasi.
3. Perlu dilakukan penelitian uji toksisitas ekstrak *Vernoniae cinerea*e Herba.

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