

BAB 6

SIMPULAN DAN SARAN

1.1 Simpulan

Tidak ada perbedaan yang signifikan antara eGFR pada pasien dengan luka kaki diabetik sebelum dan sesudah dilakukan terapi OHB (oksigen 100 %, dengan tekanan 2,4 ATA selama 2 jam). Sehingga terapi OHB tidak berbahaya terhadap fungsi ginjal, dalam hal ini diwakili oleh parameter eGFR pada penderita luka kaki diabetik.

1.2 Saran

1. Bagi Pelayanan Kesehatan

Mensosialisasikan terapi OHB pada penderita DM terutama pada penderita dengan luka kaki diabetik agar lebih mudah dipahami, sehingga pasien lebih bersemangat dalam menjalankan terapi OHB secara rutin dan berkesinambungan.

2. Bagi Penelitian Selanjutnya

- Penambahan kelompok kontrol yang tidak mendapatkan terapi OHB
- Jumlah sampel dalam subjek penelitian lebih banyak agar didapatkan hasil yang signifikan
- Perlu penelitian lebih lanjut mengenai pengaruh terapi OHB terhadap eGFR secara berkesinambungan pada hari pertama sampai hari terakhir pemberian terapi OHB
- Durasi dan frekuensi terapi OHB terhadap eGFR

- Perlu memperhatikan hal-hal yang berkaitan dengan faktor-faktor yang dapat mempengaruhi kreatinin dan fungsi ginjal
- Kriteria inklusi lebih spesifik sehingga hasil yang didapatkan lebih fokus dan terarah, seperti pembatasan usia (< 50 tahun), dan jenis kelamin agar variabel menjadi homogen

3. Bagi Masyarakat

Bagi masyarakat diharapkan dapat meningkatkan perilaku perawatan luka kaki diabetik secara tepat dengan melakukan terapi OHB, tanpa melakukan perawatan dengan cara-cara yang kurang tepat seperti dengan menyiramkan bensin, dan lain-lain.

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