

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

1. Ekstrak kulit pisang var. Semeru memiliki aktivitas antidepresan pada mencit jantan galur DDY menggunakan metode *tail suspension test*.
2. Dosis efektif ekstrak kulit pisang var. Semeru 400 mg/kgBB memiliki aktivitas antidepresan pada mencit jantan galur DDY menggunakan metode *tail suspension test*.

5.2 Saran

Perlu dilakukan penelitian lebih lanjut untuk mengetahui parameter terkait gangguan depresi seperti kadar serotonin dan kortikosteron pada dosis EKP 400 mg/kgBB yang telah diuji menggunakan *tail suspension test*.

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