

BAB VII

SIMPULAN DAN SARAN

7.1 Simpulan

Terdapat rerata peningkatan nilai atensi yang lebih tinggi pada anak ADHD yang diberi terapi instrumen perkusi dibandingkan yang tidak diberi terapi instrumen perkusi.

7.2 Saran

Penelitian ini bisa dikembangkan lagi namun memerlukan jangka waktu penelitian yang cukup panjang karena peneliti perlu menyediakan waktu yang banyak untuk bisa memberikan intervensi terapi musik agar mendapatkan hasil yang lebih maksimal. Selain itu, penelitian ini bisa dijadikan penelitian analisis dengan jenjang waktu yang lebih panjang.

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