

BAB V

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Beban kerja perawat ICU di Amerika Serikat sebesar 71,4 yang artinya tinggi. Beban kerja perawat ICU di Iran sebesar 70,21 yang artinya tinggi. Beban kerja perawat ICU dan IGD di Indonesia memiliki rentang 74 sampai 83 yang artinya tinggi sampai sangat tinggi. Tingginya beban kerja ini disebabkan oleh suasana kerja di ICU. ICU adalah tempat krusial di mana kesalahan kecil dapat mengancam nyawa pasien, sehingga perawat harus mampu melakukan segala prosedur dengan presisi, memberikan respons perawatan yang cepat untuk pasien dan keluarga, serta sering berinteraksi dengan pasien yang kondisinya parah.

5.2 Saran

Studi literatur selanjutnya disarankan untuk membandingkan beban kerja yang dialami perawat menggunakan metode lainnya selain NASA-TLX.

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