

BAB 5

SIMPULAN

5.1 Simpulan

Avicel PH 101, amilum jagung dan interaksi antara keduanya dapat menurunkan *Carr's Index* dan kerapuhan.

Rancangan formula optimum dapat diperoleh dengan menggunakan Avicel PH 101 79,7% dan amilum jagung 9,78% dari bobot ekstrak kering, yang secara teoritis akan menghasilkan nilai *Carr's Index* 9,63% dan kerapuhan granul 0,7%.

5.2 Alur Penelitian Selanjutnya

Sebaiknya dilakukan pengujian toksisitas sediaan kapsul dan uji praklinik pada kapsul ekstrak *Lumbricus rubellus*.

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