

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang berjudul Studi Deskriptif Penggunaan Antihipertensi Golongan *Calcium Channel Blocker* (CCB) pada Pasien Stroke Hemoragik Intraserebral di Rumah Sakit Umum Haji Surabaya periode Januari 2017 hingga Juni 2018 diperoleh kesimpulan sebagai berikut:

1. Penggunaan CCB yang digunakan sebagai terapi adalah secara tunggal pada 17 pasien (34%) dan kombinasi pada 6 pasien (12%)
2. Penggunaan tunggal CCB yang banyak digunakan adalah amlodipin dengan dosis 1x5 mg secara per oral dan dengan dosis 1x10 mg secara per oral, masing-masing pada 7 pasien (14%)
3. Penggunaan kombinasi CCB yang banyak digunakan adalah nikardipin (drip) dengan amlodipin tablet secara per oral pada 6 pasien (12%)
4. Tidak ada perbedaan terapi maupun perawatan pasien stroke hemoragik intraserebral dengan status pembiayaan secara umum ataupun JKN

5.2 Saran

1. Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif dalam mengamati permasalahan terapi, efektivitas obat dengan jumlah sampel yang lebih besar dan rekam medik yang lengkap.
2. Diperlukan kelengkapan data Rekam Medik Kesehatan (RMK) pasien sehingga dapat menunjang penelitian selanjutnya.

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