

LAMPIRAN.

Lampiran 2

Tabel 2.1. Validitas Item SWLS Berdasarkan SPSS 16.0

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var01	16.91	35.992	.548	.778
var02	17.07	35.262	.567	.773
var03	16.17	31.080	.694	.731
var04	16.28	31.985	.635	.750
var05	17.48	31.677	.523	.793

Koefisien reliabilitas. $r = 0.803$. N of cases = 46 N of item = 5

Tabel 2.2. Validitas Item PA Berdasarkan SPSS 16.0

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Var01	24.96	22.620	.112	.767
var03	24.35	19.743	.499	.713
var05	24.65	21.521	.272	.745
var09	25.07	18.685	.534	.706
var10	25.20	20.339	.361	.734
var12	24.57	19.807	.404	.727
var14	25.09	19.103	.552	.704
var16	24.43	21.185	.399	.729
var17	25.26	19.753	.479	.716
var19	24.52	19.944	.490	.715

Koefisien reliabilitas. N of Cases = 46 N of Item = 10 $r = 0,747$

Tabel 2.3. Setelah Pembuangan Item

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var03	18.83	15.747	.502	.741
var09	19.54	14.743	.544	.732
var10	19.67	15.780	.433	.753
var12	19.04	15.509	.445	.751
var14	19.57	15.496	.505	.740
var16	18.91	17.059	.401	.758
var17	19.74	16.242	.406	.757
var19	19.00	15.644	.540	.735

N of Cases

46.

N of item = 8

$r = 0.771$

Tabel 2.4. Validitas Item NA Berdasarkan SPSS 16.0

NA sebelum pembuangan item

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var02	20.74	18.464	.599	.753
var04	20.20	20.028	.568	.762
var06	20.41	19.670	.526	.765
var07	20.59	19.581	.456	.773
var08	21.00	21.289	.180	.812
var11	20.65	17.965	.664	.744
var13	20.35	20.676	.369	.782
var15	20.61	20.510	.429	.776
var18	20.46	20.743	.385	.780
var20	20.63	19.260	.512	.765

Koefisien reliabilitas.

N of Cases = 46

N of Item = 10

$r = 0,790$

Tabel 2.5. Setelah pembuangan item

Koefisien reliabilitas.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var02	18.89	15.966	.627	.776
var04	18.35	17.565	.579	.786
var06	18.57	17.673	.459	.798
var07	18.74	17.130	.464	.799
var11	18.80	15.894	.630	.776
var13	18.50	17.989	.405	.805
var15	18.76	17.964	.446	.800
var18	18.61	18.066	.422	.803
var20	18.78	16.707	.540	.788

N of Cases = 46

N of Item = 9

$r = 0,812$

Tabel 2.6. Validitas Resiliensi

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var01	90.52	179.988	.272	.860
var02	91.04	173.420	.462	.854
var03	90.50	173.722	.520	.853
var04	91.33	173.202	.519	.853
var05	91.57	171.673	.464	.854
var06	90.46	175.854	.446	.855
var07	91.41	170.514	.512	.853
var08	90.39	174.066	.598	.852
var09	91.20	176.472	.331	.859
var10	91.59	179.759	.255	.861
var11	90.28	180.741	.309	.859
var12	91.15	173.732	.421	.856
var13	90.26	176.553	.458	.855
var14	91.89	180.499	.253	.860
var15	90.43	171.051	.626	.850
var16	90.43	176.429	.397	.856
var17	90.80	179.894	.337	.858
var18	91.20	169.672	.508	.853
var19	90.20	178.383	.468	.855
var20	90.74	181.308	.252	.860
var21	91.11	170.499	.540	.852
var22	92.00	185.467	.081	.865
var23	90.04	176.131	.663	.852
var24	90.24	175.253	.645	.852
var25	91.91	184.081	.095	.866
var26	90.93	169.529	.530	.852
var27	91.57	174.385	.380	.857
var28	91.61	186.332	.038	.867

Koefisien reliabilitas.

N of Cases = 46

N of Item = 28

r = 0,861

Tabel 2.7. Setelah Pembuangan Item

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
var02	71.02	131.400	.459	.871
var03	70.48	131.766	.513	.870
var04	71.30	132.128	.477	.871
var05	71.54	129.365	.479	.871
var06	70.43	132.118	.506	.870
var07	71.39	129.666	.479	.871
var08	70.37	131.838	.603	.868
var09	71.17	134.502	.310	.877
var11	70.26	136.242	.385	.873
var12	71.13	132.249	.395	.874
var13	70.24	133.297	.496	.870
var15	70.41	129.003	.639	.866
var16	70.41	133.937	.397	.873
var17	70.78	136.352	.369	.874
var18	71.17	127.836	.515	.870
var19	70.17	135.258	.494	.871
var21	71.09	128.437	.553	.868
var23	70.02	133.533	.678	.868
var24	70.22	133.018	.643	.868
var26	70.91	129.059	.488	.871
var27	71.54	134.031	.312	.877

Koefisien reliabilitas.

N of Cases = 46

N of Item = 21

$r = 0,876$

Lampiran 3

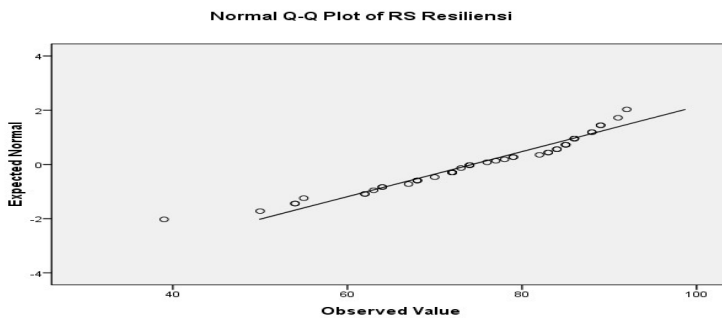
3.1. Uji Asumsi

Tabel 3.1.1 Hasil *Test of Normality*. Normal ($p > 0.5$)

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
SWB	.068	46	.200 [*]	.982	46	.675
RS Resiliensi	.113	46	.179	.946	46	.034

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.



Tabel 3.1.2. *Test of Linearity* ($P < 0.5$)

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
SWB * RS Resiliensi	Between Groups	(Combined)	91.369	25	3.655	2.670	.014
		Linearity	48.833	1	48.833	35.677	.000
		Deviation from Linearity	42.536	24	1.772	1.295	.281
	Within Groups		27.375	20	1.369		
	Total		118.744	45			

Measures of Association

	R	R Squared	Eta	Eta Squared
SWB * RS Resiliensi	.641	.411	.877	.769

3.2. Uji Korelasi

Tabel 3.2.1. Korelasi Resilience dengan SWB

Correlations

		SWB	RS Resiliensi
SWB	Pearson Correlation	1	.641**
	Sig. (1-tailed)		.000
	N	46	46
RS Resiliensi	Pearson Correlation	.641**	1
	Sig. (1-tailed)	.000	
	N	46	46

** . Correlation is significant at the 0.01 level (1-tailed).

Tabel 3.2.2. Korelasi Resilience dengan PA

Correlations			
		RS Resiliensi	RS Positive Affective
RS Resiliensi	Pearson Correlation	1	.485**
	Sig. (1-tailed)		.000
	N	46	46
RS Positive Affective	Pearson Correlation	.485**	1
	Sig. (1-tailed)	.000	
	N	46	46

**. Correlation is significant at the 0.01 level (1-tailed).

Tabel 3.2.3. Korelasi Resilience dengan NA

Correlations			
		RS Resiliensi	RS Negative Affective
RS Resiliensi	Pearson Correlation	1	-.676**
	Sig. (1-tailed)		.000
	N	46	46
RS Negative Affective	Pearson Correlation	-.676**	1
	Sig. (1-tailed)	.000	
	N	46	46

**. Correlation is significant at the 0.01 level (1-tailed).

Tabel 3.2.4. Korelasi Resilience dengan SWLS

Correlations			
		RS Resiliensi	RS SWLS
RS Resiliensi	Pearson Correlation	1	.316*
	Sig. (1-tailed)		.016
	N	46	46
RS SWLS	Pearson Correlation	.316*	1
	Sig. (1-tailed)	.016	
	N	46	46

*. Correlation is significant at the 0.05 level (1-tailed).

Tabel 3.3. Kategorisasi Resiliensi

Kategorisasi	Batas nilai
Sangat Tinggi	$X > M + 1.8 \text{ SD}$
Tinggi	$(M + 0.6 \text{ SD}) < X \leq (M + 1.8 \text{ SD})$
Sedang	$(M - 0.6 \text{ SD}) < X \leq (M + 0.6 \text{ SD})$
Rendah	$(M - 1.8 \text{ SD}) < X \leq (M - 0.6 \text{ SD})$
Sangat Rendah	$X \leq (M - 1.8 \text{ SD})$

$$\text{Mean Ideal} = \frac{(\text{jav x nt}) + (\text{jav x nr})}{2}$$

$$\text{Mean} = \frac{(21 \times 5) + (21 \times 1)}{2} = 63$$

$$\begin{aligned} \text{SD Ideal} &= \frac{(\text{jav x nt}) - (\text{jav x nr})}{6} \\ &= \frac{(21 \times 5) - (21 \times 1)}{6} = 14 \end{aligned}$$

Tabel 3.3.2. Batas Nilai Kategorisasi

Kategorisasi	Batas nilai
Sangat Tinggi	$X > 88.2$
Tinggi	$71.4 < X \leq 88.2$
Sedang	$54.6 < X \leq 71.4$
Rendah	$37.8 < X \leq 54.6$
Sangat Rendah	$X \leq 37.8$

Tabel 3.3.3. Kategorisasi *Resilience***Kategorisasi Resiensi**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Sangat Tinggi	4	8.7	8.7	8.7
Tinggi	27	58.7	58.7	67.4
Sedang	11	23.9	23.9	91.3
Rendah	4	8.7	8.7	100.0
Total	46	100.0	100.0	

Lampiran 4. Gambaran Data Demografi Subjek

Tabel 4.1. Usia Subjek

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Usia Subjek	46	16	56	30.07	12.230
Valid N (listwise)	46				

Usia Subjek

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 16	1	2.2	2.2	2.2
17	4	8.7	8.7	10.9
18	2	4.3	4.3	15.2
19	1	2.2	2.2	17.4
20	5	10.9	10.9	28.3
21	7	15.2	15.2	43.5
23	1	2.2	2.2	45.7
24	1	2.2	2.2	47.8
25	1	2.2	2.2	50.0
26	1	2.2	2.2	52.2
28	2	4.3	4.3	56.5
29	1	2.2	2.2	58.7
31	1	2.2	2.2	60.9
32	1	2.2	2.2	63.0
33	1	2.2	2.2	65.2
39	5	10.9	10.9	76.1
40	2	4.3	4.3	80.4
41	1	2.2	2.2	82.6
42	1	2.2	2.2	84.8
43	1	2.2	2.2	87.0
46	1	2.2	2.2	89.1
52	1	2.2	2.2	91.3
53	1	2.2	2.2	93.5
55	2	4.3	4.3	97.8
56	1	2.2	2.2	100.0
Total	46	100.0	100.0	

Tabel 4.2. Pendidikan Terakhirnya

Pendidikan Terakhir

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD	17	37.0	37.0	37.0
	SMP	22	47.8	47.8	84.8
	SMA	7	15.2	15.2	100.0
	Total	46	100.0	100.0	

Tabel 4.3. Lama Bekerja

Lama Bekerja (Tahun)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0.5	1	2.2	2.2	2.2
	1	6	13.0	13.0	15.2
	2	4	8.7	8.7	23.9
	3	4	8.7	8.7	32.6
	4	5	10.9	10.9	43.5
	5	2	4.3	4.3	47.8
	6	5	10.9	10.9	58.7
	7	5	10.9	10.9	69.6
	8	3	6.5	6.5	76.1
	10	1	2.2	2.2	78.3
	11	1	2.2	2.2	80.4
	12	1	2.2	2.2	82.6
	13	1	2.2	2.2	84.8
	15	2	4.3	4.3	89.1
	16	1	2.2	2.2	91.3
	20	2	4.3	4.3	95.7
	21	1	2.2	2.2	97.8
	31	1	2.2	2.2	100.0
	Total	46	100.0	100.0	

Tabel 4.4. Status pernikahannya

Status Pernikahan					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sudah Menikah	24	52.2	52.2	52.2
	Belum Menikah	22	47.8	47.8	100.0
	Total	46	100.0	100.0	

Tabel 4.5. Jumlah Anak

Jumlah Anak					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	25	54.3	54.3	54.3
	1	11	23.9	23.9	78.3
	2	7	15.2	15.2	93.5
	3	3	6.5	6.5	100.0
	Total	46	100.0	100.0	

Tabel 4.6. Jumlah Tanggungan

Jumlah Tanggungan					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	11	23.9	23.9	23.9
	1	13	28.3	28.3	52.2
	2	10	21.7	21.7	73.9
	3	7	15.2	15.2	89.1
	4	4	8.7	8.7	97.8
	5	1	2.2	2.2	100.0
	Total	46	100.0	100.0	

Tabel 4.7. Rata-rata Penghasilannya

Rata-rata Penghasilan/bln		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Dibawah 500.000	5	10.9	10.9	10.9
	500.000 - 1.000.000	36	78.3	78.3	89.1
	1.000.000 - 1.500.000	2	4.3	4.3	93.5
	1.500.000 - 2.000.000	3	6.5	6.5	100.0
	Total	46	100.0	100.0	

Tabel 4.8. Rata-rata Pengeluarannya

Rata-rata Pengeluaran/bln		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Di bawah 500.000	21	45.7	45.7	45.7
	500.000 - 1.000.000	20	43.5	43.5	89.1
	1.000.000 - 1.500.000	2	4.3	4.3	93.5
	1.500.000 - 2.000.000	1	2.2	2.2	95.7
	2.000.000 - keatas	2	4.3	4.3	100.0
	Total	46	100.0	100.0	

Tabel 4.9. Klasifikasi Usia

Kategori Usia		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Remaja	13	28.3	28.3	28.3
	Dewasa awal	24	52.2	52.2	80.4
	Dewasa Madya	9	19.6	19.6	100.0
	Total	46	100.0	100.0	

Lampiran 5. Data Tambahan

Tabel 5.1. Korelasi Usia Subjek dengan SWB

Correlations		SWB	Usia Subjek
SWB	Pearson Correlation	1	.252
	Sig. (2-tailed)		.091
	N	46	46
Usia Subjek	Pearson Correlation	.252	1
	Sig. (2-tailed)	.091	
	N	46	46

Tabel 5.2. Korelasi Jumlah Tanggungan dengan SWB

Correlations		SWB	Jlh Tanggungan
SWB	Pearson Correlation	1	.342*
	Sig. (2-tailed)		.020
	N	46	46
Jlh Tanggungan	Pearson Correlation	.342*	1
	Sig. (2-tailed)	.020	
	N	46	46

*. Correlation is significant at the 0.05 level (2-tailed).

Tabel 5.3. Korelasi Lama Bekerja dengan SWB

Correlations			
		SWB	Lama Bekerja Sbg PRT
SWB	Pearson Correlation	1	.323*
	Sig. (2-tailed)		.030
	N	46	45
Lama Bekerja Sbg PRT	Pearson Correlation	.323*	1
	Sig. (2-tailed)	.030	
	N	45	45

*. Correlation is significant at the 0.05 level (2-tailed).

Tabel 5.4. Uji ANOVA SWB
dengan klasifikasi selisih penghasilan dengan pengeluaran.

Descriptives

SWB

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
Pedapatan lebih besar dari Pengeluaran	20	.2506	1.48373	.33177	-.4438	.9450	-2.70	3.26
Pendapatan sama dengan Pengeluaran	21	-.2158	1.87269	.40865	-1.0683	.6366	-4.42	2.39
Pendapatan lebih kecil dari Pengeluaran	5	-.0960	1.06037	.47421	-1.4126	1.2207	-1.24	1.09
Total	46	.0000	1.62443	.23951	-.4824	.4824	-4.42	3.26

Test of Homogeneity of Variances

SWB

Levene Statistic	df1	df2	Sig.
1.408	2	43	.256

ANOVA

SWB

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	2.280	2	1.140	.421	.659
Within Groups	116.464	43	2.708		
Total	118.744	45			

Lampiran 6. Gambaran Skor Resiliensi, Komponen SWB dan SWB

Tabel 6.1. Gambaran Skor Resiliensi, Komponen SWB dan SWB

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
SWB	46	-4.42	3.26	.0000	1.62443
RS Resiliensi	46	39	92	74.30	12.033
RS Positive Affective	46	13	30	22.04	4.467
RS Negative Affective	46	12	35	21.00	4.614
RS SWLS	46	8	33	20.98	7.032
Valid N (listwise)	46				

Tabel 6.2. Gambaran SWLS Subjek dan Penggolongannya

Penggolongan SWLS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sangat Puas	3	6.5	6.5	6.5
	puas	13	28.3	28.3	34.8
	cukup puas	9	19.6	19.6	54.3
	netral	2	4.3	4.3	58.7
	sedikit tidak puas	11	23.9	23.9	82.6
	tidak puas	2	4.3	4.3	87.0
	sangat tidak puas	6	13.0	13.0	100.0
	Total	46	100.0	100.0	

Tabel 6.3. Mean Komponen Afek PA/NA dan *Affect Balance*

Statistics

	Afek Balance	RS Positive Affective	RS Negative Affective
N Valid	46	46	46
Missing	0	0	0
Mean	.4235	22.04	21.00
Std. Deviation	.84891	4.467	4.614
Minimum	-1.76	13	12
Maximum	1.97	30	35

Tabel 6.4. Gambaran Affect Balance Subjek

Kategorisasi Affect Balance

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Positif	35	76.1	76.1	76.1
Negatif	11	23.9	23.9	100.0
Total	46	100.0	100.0	

Tabel 6.5. Gambaran SWB (*Z-Score* AB+ *Z-Score* SWLS)**Statistics****Z-Score SWB**

N Valid	46
Missing	0
Mean	.0000
Std. Deviation	1.62443
Minimum	-4.42
Maximum	3.26

Kategorisasi Affect Balance

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Positif	35	76.1	76.1	76.1
Negatif	11	23.9	23.9	100.0
Total	46	100.0	100.0	

Lampiran 7. Crosstab

Tabel 7.1. Crosstab

Penggolongan SWB * Kategorisasi Resiliensi Crosstabulation

			Kategorisasi Resiliensi				Total
			Rendah	Sedang	Tinggi	Sangat Tinggi	
Penggolongan SWB	Di bawah rata-rata	Count	4	7	12	0	23
		% of Total	8.7%	15.2%	26.1%	.0%	50.0%
	Di atas Rata-rata	Count	0	4	15	4	23
		% of Total	.0%	8.7%	32.6%	8.7%	50.0%
Total	Count	4	11	27	4	46	
	% of Total	8.7%	23.9%	58.7%	8.7%	100.0%	