

BAB 5

KESIMPULAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang berjudul pengaruh penggunaan metotreksat terhadap profil lipid darah pada pasien artritis reumatoid di RSUD Dr. Saiful Anwar Malang di peroleh kesimpulan sebagai berikut:

1. Penggunaan MTX tidak memberikan perubahan yang signifikan terhadap kolesterol total pada pasien AR di RSUD Dr. Saiful Anwar Malang.
2. Penggunaan MTX tidak memberikan perubahan yang signifikan terhadap trigliserida pada pasien artritis reumatoid di RSUD Dr. Saiful Anwar Malang
3. Penggunaan MTX tidak memberikan perubahan yang signifikan terhadap LDL kolesterol pasien artritis reumatoid di RSUD Dr. Saiful Anwar Malang
4. Penggunaan MTX tidak memberikan perubahan yang signifikan terhadap HDL kolesterol pada pasien artritis reumatoid di RSUD Dr. Saiful Anwar Malang

5.2 Saran

Berdasarkan hasil penelitian yang telah dilakukan, dapat disarankan perlu dilakukan pengambilan sampel dengan durasi yang lebih lama sehingga dapat mengetahui pengaruh penggunaan MTX terhadap profil lipid darah pada pasien AR di RSUD Dr. Saiful Anwar Malang.

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