BAB V
KESIMPULAN DAN SARAN

V.1. Kesimpulan

Kesimpulan yang dapat diperoleh dari penelitian ini adalah polaritas pelarut menentukan distribusi senyawa antioksidan yang berpengaruh terhadap aktivitas antioksidan dan antidiabetesnya, dimana:

1. Pelarut terbaik untuk memperoleh TPC teringgi adalah pelarut yang mempunyai polaritas sedang (semi polar), dalam hal ini etil asetat.
2. Pelarut terbaik untuk memperoleh aktivitas penetralan radikal bebas DPPH tertinggi adalah pelarut yang mempunyai polaritas sedang (semi polar) yaitu n-butanol.
3. Pelarut terbaik untuk untuk memperoleh aktivitas antidiabetes tertinggi adalah pelarut yang mempunyai polaritas rendah (non-polar) yaitu n-heksana.

V.2. Saran

Dari hasil penelitian ini, beberapa saran yang diberikan antara lain:

1. Pentingnya studi lebih lanjut terkait dengan senyawa-senyawa antioksidan yang terkandung dalam kulit jeruk purut dalam penentuan kondisi fraksinasi ekstrak kulit jeruk purut.
2. Pentingnya pemilihan pelarut yang digunakan untuk melakukan pemisahan senyawa-senyawa antioksidan yang terkandung dalam *crude extract* melalui proses fraksinasi sehingga perolehan-perolehan senyawa-senyawa tertentu yang menjadi fokus ekstraksi (terkait dengan aplikasinya) dapat dimaksimalkan.

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