

## **BAB 5**

### **SIMPULAN**

#### **5.1. Simpulan**

PVP K-30 sebagai bahan pengikat tablet dan xanthan gum sebagai bahan penghancur tablet maupun interaksinya berpengaruh secara signifikan terhadap sifat mutu fisik dan disolusi propranolol HCl dalam sediaan tablet sublingual. PVP K-30 meningkatkan kekerasan tablet, menurunkan kerapuhan tablet, memperlambat waktu hancur tablet, dan menurunkan jumlah obat yang terlarut dalam waktu 15 menit. Sedangkan xanthan gum menurunkan kekerasan tablet, meningkatkan kerapuhan tablet, mempercepat waktu hancur tablet, dan meningkatkan jumlah obat yang terlarut dalam waktu 15 menit. Interaksi dari PVP K-30 dan xanthan gum memberikan pengaruh meningkatkan kekerasan tablet, meningkatkan kerapuhan tablet, memperlambat waktu hancur tablet, dan menurunkan jumlah obat yang terlarut dalam waktu 15 menit.

Formula optimum tablet sublingual dapat diperoleh dengan kombinasi PVP K-30 1% dan xanthan gum 5% dengan hasil teoritis, kekerasan tablet sebesar 4,72 kp, kerapuhan tablet sebesar 0,62%, waktu hancur tablet sebesar 3,33 menit, dan persen disolusi tablet sebesar 93,44%.

#### **5.2. Alur Penelitian Selanjutnya**

Sebaiknya dilakukan penelitian lebih lanjut mengenai parameter farmakokinetik sediaan tablet sublingual propranolol HCl dan dicari korelasi in vivo-in vitro, yang diharapkan memberikan hasil yang baik.

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