

BAB V

KESIMPULAN DAN SARAN

V.1 Kesimpulan

Hasil analisis menunjukkan bahwa Film *Fatherhood* berupaya menampilkan karakter dari *single father* yang berbeda dari stereotip *single father* dalam film-film di Amerika.

Seorang ayah tunggal menjalankan peran publik dan juga domestik dengan penuh tanggung jawab. Selain itu, Mathew menunjukkan sosok kuat, pemimpin, pekerja keras untuk keluarganya, serta pendidik, penuh kasih sayang dan juga perhatian kepada anaknya, lalu memiliki sifat yang berpikir jangka panjang dalam aspek pengambilan keputusan dan berusaha menjalankan perannya sebagai ayah tunggal dengan sepenuh hati. Di sisi lain, ada tantangan-tantangan yang harus dihadapi kedepannya seperti terperangkap dalam aspek gender maskulinitas sehingga membatasi ekspresi emosi dan aktivitas domestik, sehingga mengalami *double standard* dan gangguan psikologis yang ayah tunggal alami karena ditinggal mati oleh istrinya, sehingga seorang ayah tunggal merasa tidak pantas menjadi orang tua untuk anaknya.

V.2 Saran

V.2.1 Saran Akademis

Peneliti menyarankan analisis dengan menggunakan metode semiotika milik Roland Barthes untuk mengetahui bagaimana penggambaran ayah tunggal dalam Film *Fatherhood* ini.

V.2.2 Saran Praktis

Peneliti menyarankan kepada pihak media film di Amerika, untuk terus menerus menerbitkan film-film terkait ayah tunggal yang berdaya di Amerika setiap tahun, yang diharapkan bisa mengurangi pemikiran-pemikiran dari masyarakat Amerika mengenai *single father* yang selalu cenderung negatif, dan tidak pantas menjadi orang tua.

V.2.3 Saran Sosial

Peneliti menyarankan agar penelitian ini bisa mengubah pandangan rakyat Amerika mengenai seorang *single father* yang cenderung negatif di masyarakat, dan tetap memperlakukan ayah tunggal sebagaimana mestinya, dan berharap agar khalayak luas bisa memahami makna-makna yang timbul dari Film *Fatherhood* ini, dan tidak selalu menganggap *single father* tidak pantas menjadi orang tua untuk anaknya.

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