

BAB 5

KESIMPULAN DAN SARAN

5.1. Kesimpulan

1. Peningkatan konsentrasi ekstrak kering stroberi (*Fragaria x ananassa*) (5% , 7,5%, dan 10%) pada sediaan tabir surya dalam bentuk krim berpengaruh terhadap hasil uji mutu fisik dan uji efektivitas. Peningkatan konsentrasi akan menurunkan pH dan daya sebar serta meningkatkan viskositas, nilai SPF, nilai %TE, nilai %TP dan *water resistant*.
2. Formula dengan hasil terbaik pada sediaan tabir surya ekstrak stroberi (*Fragaria x ananassa*) dalam bentuk krim yang memenuhi persyaratan uji mutu fisik (organoleptis, homogenitas, pH, viskositas, daya sebar, dan tipe emulsi) dan uji efektivitas adalah formula 3 (ekstrak stroberi 10%).

5.2. Saran

Pada penelitian selanjutnya disarankan agar dilakukan melakukan *Design Expert* untuk menentukan formula optimum dan dapat dilakukan kombinasi bahan alam yang bekerja sinergis agar dapat memberikan nilai SPF yang lebih tinggi serta formulasi yang dihasilkan pada penelitian ini dapat dilakukan *scale up*, sehingga dapat diproduksi dalam skala industri dan maklon.

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