

Coding Aitem Kecenderungan Stres

Nama	Pangkat	Usia	MPP	Jmlh org	Aktivitas	Makna	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	RS	
Nono	1	58	2	4	1	3	1	2	2	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	3	2	3	50
Imam	2	59	2	3	2	3	1	2	1	2	2	2	2	1	1	2	2	2	1	1	1	2	2	2	1	2	2	3	3	2	42	
Suharto	3	60	2	3	3	3	1	1	1	1	1	1	1	1	1	1	2	2	1	1	1	3	2	2	2	2	1	1	2	3	35	
Koesno	1	58	2	3	4	3	1	2	2	2	2	1	2	1	1	2	2	2	2	2	2	1	2	2	1	2	1	2	2	2	41	
Ubus	1	60	2	5	3	4	2	3	3	2	1	2	3	3	3	3	3	2	2	1	1	2	2	3	2	1	1	3	2	1	51	
Wardana	1	58	1	3	5	3	2	3	2	2	2	1	3	2	2	2	2	2	2	2	2	2	2	2	2	3	1	2	2	2	49	
Bastian	1	60	2	2	4	3	2	3	2	2	2	3	3	2	2	2	2	2	2	2	2	3	2	2	3	3	3	3	3	2	2	56
Mudjito	3	60	2	3	3	2	1	1	1	1	1	1	1	2	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	26
Sono	1	58	2	2	4	3	2	3	1	2	3	4	2	3	2	2	1	3	2	3	2	1	1	1	1	1	1	1	1	1	1	44
Putu	1	58	2	3	6	2	1	3	2	2	2	3	3	3	3	2	2	3	2	2	2	2	2	2	2	2	2	3	3	2	55	
Jona	1	59	1	4	2	2	1	1	2	1	1	1	2	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	27
Sujono	2	59	1	1	6	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	3	2	1	48	
Doni	2	60	2	4	6	3	1	2	1	2	2	3	3	1	2	3	2	3	2	2	2	2	2	2	1	2	2	2	2	3	49	
Sardi	3	58	2	4	4	1	1	1	1	1	1	1	2	1	1	1	1	1	1	1	2	1	1	1	1	1	1	3	1	1	28	
Suharyono	1	58	2	4	2	2	2	1	2	2	1	2	3	2	2	2	1	1	1	1	1	2	2	2	2	2	2	1	1	1	39	
Adi	1	59	2	3	2	1	1	1	1	1	2	1	1	1	1	3	1	1	1	1	2	1	1	1	1	1	1	2	1	1	29	
Muhammad	1	59	2	4	6	3	2	2	2	3	2	1	2	2	1	2	2	3	2	1	2	3	2	2	2	2	2	2	2	2	2	48
Dwi	2	60	2	4	2	3	1	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	3	2	2	48	
Bambang	1	60	2	2	5	3	2	2	2	3	3	2	2	2	2	3	3	2	2	2	2	2	2	2	2	2	2	3	2	2	53	
Wahyuno	2	60	2	3	5	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	48	
Bakri	1	60	2	3	6	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	48	
Masimun	2	59	2	4	5	1	2	2	2	1	1	1	2	2	2	1	1	1	1	1	1	2	2	2	2	2	2	1	1	1	36	
Basuki	1	58	2	5	3	3	2	2	1	3	2	3	1	1	2	2	1	3	2	1	1	1	1	1	1	1	1	2	3	4	42	

Soen	2	58	2	5	7	2	1	2	2	2	2	2	2	2	2	2	2	1	1	2	2	2	2	1	2	1	4	2	3	46
Gofar	2	60	2	5	3	1	1	1	1	2	1	1	1	1	1	4	1	1	3	1	1	2	1	2	3	2	2	2	2	39
Jumartono	2	60	2	4	3	2	1	1	1	1	2	1	1	1	1	1	1	1	1	1	1	2	1	1	2	1	1	1	1	27
Hari	2	60	1	4	3	3	1	1	1	1	1	1	1	1	2	2	2	2	1	1	1	2	1	2	3	2	2	1	1	34
Nuranto	1	60	2	4	3	3	1	1	1	1	2	2	1	1	2	2	2	2	1	1	1	2	1	2	2	1	1	1	1	33
Hadi	1	60	2	4	6	3	1	1	1	2	2	2	1	1	2	2	2	2	1	1	2	2	1	2	3	2	2	2	2	41
Dino	2	58	2	3	4	4	1	1	1	1	1	3	1	1	3	2	1	1	2	2	2	2	2	2	2	2	2	3	2	41
Surya	1	58	2	5	3	2	2	2	1	1	4	2	2	3	2	3	4	1	1	1	2	2	2	2	2	2	3	2	1	49
David	2	58	2	4	3	3	1	1	1	1	2	2	1	1	2	1	1	1	1	1	2	1	1	1	1	1	1	3	1	30
Agung	2	58	2	5	2	4	1	1	1	1	1	2	1	1	1	1	2	2	1	1	1	1	1	1	1	1	1	1	1	27
Yus	2	58	1	1	7	3	1	1	1	1	3	1	2	2	2	1	1	2	1	1	1	1	1	1	2	2	2	3	1	35
Joko	3	58	2	4	3	2	2	2	2	1	1	2	2	2	1	3	2	3	2	2	2	2	1	2	2	1	2	2	3	46
Agus	1	59	2	3	4	1	2	2	2	2	3	2	2	1	2	3	2	1	2	2	2	2	1	2	2	3	2	3	3	50
Susilo	2	59	2	2	3	2	1	2	2	2	2	2	1	2	2	3	1	2	2	2	3	2	2	2	3	3	2	2	1	47
Yanto	3	60	2	2	7	3	2	3	2	1	1	1	2	2	2	3	1	2	2	1	2	1	1	2	2	1	2	2	2	41

Keterangan:

MPP = Mengikuti MPP atau tidak

Jmlh org = Jumlah anggota keluarga yang tinggal di rumah

Aktivitas = Aktivitas setelah pensiun

Makna = Makna pensiun

Coding Aitem Penyesuaian Diri

[illegible]

Masimun	2	59	2	4	5	1	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3
Basuki	1	58	2	5	3	3	4	4	4	4	4	4	4	3	4	4	4	4	4	2	4
Soen	2	58	2	5	7	2	3	4	4	3	3	3	4	4	4	4	3	2	4	3	3
Gofar	2	60	2	5	3	1	3	3	3	2	3	3	4	4	4	4	3	4	4	2	2
Jumartono	2	60	2	4	3	2	3	3	3	2	3	3	4	4	4	4	3	4	4	1	1
Hari	2	60	1	4	3	3	3	3	3	2	3	3	4	4	4	4	3	4	4	2	2
Nuranto	1	60	2	4	3	3	3	3	3	2	3	3	3	3	3	3	3	4	3	2	2
Hadi	1	60	2	4	6	3	3	3	3	2	3	3	3	3	3	3	3	3	3	2	2
Dino	2	58	2	3	4	4	3	3	3	3	2	3	3	3	3	3	4	1	4	4	4
Surya	1	58	2	5	3	2	3	3	3	3	2	3	3	3	4	4	4	2	4	3	3
David	2	58	2	4	3	3	3	3	3	3	2	3	3	3	3	4	3	2	4	4	3
Agung	2	58	2	5	2	4	3	3	3	3	2	3	3	3	3	4	3	2	3	3	2
Yus	2	58	1	1	7	3	4	3	4	4	4	4	4	4	3	4	4	3	4	4	4
Joko	3	58	2	4	3	2	3	4	4	2	4	4	4	4	4	3	2	2	3	2	3
Agus	1	59	2	3	4	1	4	3	3	3	3	4	3	4	2	3	3	3	3	4	3
Susilo	2	59	2	2	3	2	3	3	4	3	3	3	3	4	3	3	3	2	3	2	2
Yanto	3	60	2	2	7	3	3	4	3	3	3	3	3	4	3	3	4	2	4	2	2

16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	RS
3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	83
3	4	4	3	4	3	3	3	3	3	3	3	4	3	3	92
3	3	3	3	3	3	3	3	2	3	3	3	3	3	4	91
3	3	3	3	3	3	4	3	2	3	3	3	3	3	4	90
2	3	2	2	3	2	3	3	2	3	2	2	3	2	2	75
3	2	3	3	3	3	4	4	2	3	3	3	3	2	4	94
3	3	3	3	3	3	3	3	2	3	3	2	3	3	3	85
4	4	4	4	4	4	4	4	2	4	4	4	1	4	4	115
4	4	3	2	3	3	4	3	2	4	2	4	3	4	4	93
3	2	3	3	2	2	3	3	2	2	2	2	3	2	3	74
4	4	4	4	4	4	4	3	1	3	2	4	4	3	3	99
3	3	3	3	3	3	3	3	2	2	3	3	3	3	3	80
3	4	3	3	3	3	3	3	2	3	3	3	4	3	3	93
3	3	3	3	3	3	3	3	2	3	3	3	3	2	3	86
4	4	4	4	4	3	4	4	4	4	3	4	4	4	4	118
4	4	3	3	3	3	3	3	2	3	3	4	3	3	4	92
4	4	3	3	2	4	4	3	2	3	4	4	4	4	4	96
3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	90
3	3	3	3	3	2	3	3	2	3	3	3	3	3	3	85
3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	89
3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	88

3	3	3	3	3	3	3	3	2	3	3	3	3	3	3	88
3	4	4	4	4	4	4	4	3	4	4	4	4	4	4	115
4	4	4	4	4	3	3	3	2	3	3	3	4	3	4	102
3	4	3	3	3	3	3	3	1	4	3	4	4	4	4	97
4	4	4	4	4	4	4	4	1	4	2	4	4	4	4	101
3	4	3	3	3	3	3	3	1	4	3	4	4	4	4	97
3	4	3	3	3	3	3	3	2	4	3	4	4	4	4	93
3	4	3	3	3	3	3	3	2	4	3	4	4	4	4	92
3	3	3	3	3	4	4	2	3	3	2	3	3	3	3	91
3	4	4	4	4	4	4	2	3	3	2	3	3	3	3	96
3	4	4	4	4	3	3	2	3	3	2	3	3	3	3	93
3	4	3	3	3	3	3	2	3	3	2	3	3	3	3	87
3	2	3	3	4	3	4	4	3	4	4	4	4	4	4	110
3	4	3	3	3	4	4	4	2	3	3	4	4	3	4	99
3	3	4	3	2	3	3	4	2	3	3	3	3	2	3	92
3	3	4	3	3	3	4	3	1	3	3	3	3	3	3	89
4	3	4	2	3	4	3	3	2	3	3	4	4	2	3	93

Keterangan:

MPP = Mengikuti MPP atau tidak

Jmlh org = Jumlah anggota keluarga yang tinggal di rumah

Aktivitas = Aktivitas setelah pensiun

Makna = Makna pensiun

PUTARAN I

Reliability Statistics

Cronbach's Alpha	N of Items
.906	24

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	40.11	71.826	.474	.904
VAR00002	39.76	66.942	.740	.897
VAR00003	39.95	70.267	.597	.901
VAR00004	39.87	68.982	.645	.900
<u>VAR00005</u>	<u>39.79</u>	<u>72.279</u>	<u>.310</u>	<u>.907</u>
VAR00006	39.66	69.150	.444	.905
VAR00007	39.71	69.076	.569	.901
VAR00008	39.89	70.205	.517	.903
VAR00009	39.71	71.130	.447	.904
VAR00010	39.45	69.930	.447	.904
VAR00011	39.84	69.974	.553	.902
VAR00012	39.61	69.381	.493	.903
VAR00013	39.95	69.943	.634	.901
VAR00014	40.08	70.399	.578	.902
VAR00015	39.89	71.718	.445	.904
VAR00016	39.74	70.956	.494	.903
VAR00017	39.97	70.567	.623	.901
VAR00018	39.76	70.402	.664	.901
<u>VAR00019</u>	<u>39.71</u>	<u>72.373</u>	<u>.297</u>	<u>.907</u>
VAR00020	39.76	69.753	.561	.902
VAR00021	39.89	70.853	.543	.902
VAR00022	39.37	68.671	.472	.904
VAR00023	39.79	68.819	.641	.900
<u>VAR00024</u>	<u>39.84</u>	<u>70.461</u>	<u>.367</u>	<u>.907</u>

GUGUR 3

UJI RELIABILITAS VARIABEL KECENDERUNGAN STRES PASKA PENSIUN

PUTARAN II

Reliability Statistics

Cronbach's Alpha	N of Items
.908	21

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	34.87	58.982	.493	.905
VAR00002	34.53	54.472	.763	.898
VAR00003	34.71	57.400	.636	.902
VAR00004	34.63	56.942	.601	.903
VAR00006	34.42	56.521	.456	.908
VAR00007	34.47	56.256	.606	.903
VAR00008	34.66	57.312	.554	.904
VAR00009	34.47	58.202	.479	.906
VAR00010	34.21	57.576	.430	.907
VAR00011	34.61	57.435	.554	.904
VAR00012	34.37	56.996	.483	.906
VAR00013	34.71	57.563	.616	.903
VAR00014	34.84	57.920	.568	.904
VAR00015	34.66	59.150	.430	.907
VAR00016	34.50	58.635	.459	.906
VAR00017	34.74	57.821	.646	.903
VAR00018	34.53	57.770	.674	.902
VAR00020	34.53	57.607	.521	.905
VAR00021	34.66	58.393	.524	.905
VAR00022	34.13	56.280	.469	.907
VAR00023	34.55	56.686	.610	.903

UJI RELIABILITAS VARIABEL PENYESUAIAN DIRI TERHADAP PENSIUN

PUTARAN I

Reliability Statistics

Cronbach's Alpha	N of Items
.912	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	90.11	85.664	.619	.907
VAR00002	90.18	84.911	.649	.906
VAR00003	89.95	87.997	.511	.909
VAR00004	90.53	85.986	.512	.909
VAR00005	90.29	85.400	.658	.906
VAR00006	90.13	86.442	.564	.908
VAR00007	90.03	85.432	.708	.906
VAR00008	90.03	86.999	.451	.910
VAR00009	89.92	87.264	.517	.909
VAR00010	89.84	86.623	.510	.909
VAR00011	90.18	87.938	.322	.912
VAR00012	90.45	85.497	.411	.911
VAR00013	89.92	86.291	.562	.908
VAR00014	90.55	88.416	.221	.915
VAR00015	90.47	86.959	.364	.912
VAR00016	90.03	88.080	.485	.909
VAR00017	89.82	87.614	.382	.911
VAR00018	89.95	87.240	.531	.909
VAR00019	90.11	86.853	.557	.908
VAR00020	90.05	86.105	.593	.907
VAR00021	90.08	86.885	.533	.908
VAR00022	89.87	87.415	.543	.908
VAR00023	90.13	87.307	.478	.909
VAR00024	91.13	89.577	.213	.914
VAR00025	90.03	85.810	.667	.907
VAR00026	90.37	87.915	.403	.910
VAR00027	89.92	84.507	.678	.906
VAR00028	89.89	90.043	.183	.914
VAR00029	90.11	85.124	.575	.907
VAR00030	89.82	85.992	.618	.907

UJI RELIABILITAS VARIABEL PENYESUAIAN DIRI TERHADAP PENSIUN

PUTARAN II

Reliability Statistics

Cronbach's Alpha	N of Items
.920	27

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	81.97	76.567	.605	.916
VAR00002	82.05	75.619	.659	.915
VAR00003	81.82	78.587	.518	.918
VAR00004	82.39	77.272	.462	.918
VAR00005	82.16	76.083	.668	.915
VAR00006	82.00	77.135	.567	.917
VAR00007	81.89	75.935	.739	.914
VAR00008	81.89	77.394	.478	.918
VAR00009	81.79	77.738	.540	.917
VAR00010	81.71	77.400	.503	.918
VAR00011	82.05	79.132	.275	.922
VAR00012	82.32	75.844	.440	.920
VAR00013	81.79	77.252	.538	.917
VAR00015	82.34	78.393	.305	.922
VAR00016	81.89	78.475	.514	.918
VAR00017	81.68	78.168	.391	.920
VAR00018	81.82	77.938	.529	.917
VAR00019	81.97	77.540	.558	.917
VAR00020	81.92	77.102	.567	.917
VAR00021	81.95	77.403	.553	.917
VAR00022	81.74	78.091	.542	.917
VAR00023	82.00	77.730	.504	.918
VAR00025	81.89	76.475	.678	.915
VAR00026	82.24	78.402	.418	.919
VAR00027	81.79	75.036	.707	.914
VAR00029	81.97	75.702	.594	.916
VAR00030	81.68	76.438	.650	.915

UJI RELIABILITAS VARIABEL PENYESUAIAN DIRI TERHADAP PENSIUN

PUTARAN III

Reliability Statistics

Cronbach's Alpha	N of Items
.925	25

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	76.16	69.001	.576	.921
VAR00002	76.24	68.023	.639	.920
VAR00003	76.00	70.811	.496	.923
VAR00004	76.58	70.142	.392	.925
VAR00005	76.34	68.339	.661	.920
VAR00006	76.18	69.127	.583	.921
VAR00007	76.08	67.804	.779	.918
VAR00008	76.08	69.102	.519	.922
VAR00009	75.97	69.540	.576	.921
VAR00010	75.89	69.286	.527	.922
VAR00012	76.50	67.932	.447	.925
VAR00013	75.97	69.756	.497	.923
VAR00016	76.08	70.399	.532	.922
VAR00017	75.87	69.793	.434	.924
VAR00018	76.00	69.946	.540	.922
VAR00019	76.16	69.542	.571	.921
VAR00020	76.11	69.286	.561	.922
VAR00021	76.13	69.523	.553	.922
VAR00022	75.92	70.453	.508	.922
VAR00023	76.18	69.884	.499	.923
VAR00025	76.08	68.669	.676	.920
VAR00026	76.42	70.629	.401	.924
VAR00027	75.97	67.053	.731	.919
VAR00029	76.16	67.704	.614	.921
VAR00030	75.87	68.442	.670	.920

Deskripsi pangkat subjek:

Pangkat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Bintang 1	18	47.4	47.4	47.4
	Bintang 2	15	39.5	39.5	86.8
	Bintang 3	5	13.2	13.2	100.0
	Total	38	100.0	100.0	

Deskripsi usia subjek:

Usia

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	58	14	36.8	36.8	36.8
	59	8	21.1	21.1	57.9
	60	16	42.1	42.1	100.0
	Total	38	100.0	100.0	

Distribusi frekuensi kecenderungan stres paska pensiun:

Kecenderungan stres

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sedang	15	39.5	39.5	39.5
	Rendah	15	39.5	39.5	78.9
	Sangat rendah	8	21.1	21.1	100.0
	Total	38	100.0	100.0	

Distribusi frekuensi penyesuaian diri:

Penyesuaian diri

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sangat tinggi	32	84.2	84.2	84.2
	Tinggi	6	15.8	15.8	100.0
	Total	38	100.0	100.0	

Tabel silang antara MPP dan kecenderungan stres paska pensiun:

MPP * Kecenderungan stres Crosstabulation

			Kecenderungan stres			Total
			Sedang	Rendah	Sangat rendah	
MPP	Ya	Count	2	2	1	5
		% of Total	5.3%	5.3%	2.6%	13.2%
	Tidak	Count	13	13	7	33
		% of Total	34.2%	34.2%	18.4%	86.8%
Total		Count	15	15	8	38
		% of Total	39.5%	39.5%	21.1%	100.0%

Tabel silang antara aktivitas setelah pensiun dengan kecenderungan stres paska pensiun:

Aktivitas stl pensiun * Kecenderungan stres Crosstabulation

			Kecenderungan stres			Total
			Sedang	Rendah	Sangat rendah	
Aktivitas stl pensiun	Kepala biro	Count	1	0	0	1
		% of Total	2.6%	.0%	.0%	2.6%
	Pengajar	Count	1	2	3	6
		% of Total	2.6%	5.3%	7.9%	15.8%
	Wiraswasta	Count	3	5	4	12
		% of Total	7.9%	13.2%	10.5%	31.6%
	Komisaris	Count	2	3	1	6
		% of Total	5.3%	7.9%	2.6%	15.8%
	Manager	Count	3	1	0	4
		% of Total	7.9%	2.6%	.0%	10.5%
	Direktur	Count	5	1	0	6
		% of Total	13.2%	2.6%	.0%	15.8%
	Konsultan	Count	0	3	0	3
		% of Total	.0%	7.9%	.0%	7.9%
Total		Count	15	15	8	38
		% of Total	39.5%	39.5%	21.1%	100.0%

Tabel silang antara makna pensiun dan kecenderungan stres paska pensiun:

Makna pensiun * Kecenderungan stres Crosstabulation

			Kecenderungan stres			Total
			Sedang	Rendah	Sangat rendah	
Makna pensiun	masa pensiun adalah masa santai	Count	1	2	2	5
		% of Total	2.6%	5.3%	5.3%	13.2%
	pensiun adalah kesempatan yang menyenangkan	Count	4	3	3	10
		% of Total	10.5%	7.9%	7.9%	26.3%
	pensiun tidak membawa dampak	Count	9	9	2	20
		% of Total	23.7%	23.7%	5.3%	52.6%
	pensiun berarti hilangnya pekerjaan	Count	1	1	1	3
		% of Total	2.6%	2.6%	2.6%	7.9%
Total	Count	15	15	8	38	
	% of Total	39.5%	39.5%	21.1%	100.0%	

Uji normalitas:

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
RSKC	.143	38	.047	.935	38	.028
RSPD	.168	38	.009	.925	38	.014

Uji linearitas:

ANOVA Table

	Sum of Squares	df	Mean Square	F	Sig.
RSKC * RSPD Between Groups (Combined)	1904.274	21	90.680	1.592	.173
Linearity	497.524	1	497.524	8.736	.009
Deviation from Linearity	1406.750	20	70.337	1.235	.338
Within Groups	911.200	16	56.950		
Total	2815.474	37			

Uji hipotesis:

Correlations

			RSKC	RSPD
Kendall's tau_b	RSKC	Correlation Coefficient	1.000	-.321**
		Sig. (2-tailed)	.	.006
		N	38	38
	RSPD	Correlation Coefficient	-.321**	1.000
		Sig. (2-tailed)	.006	.
		N	38	38

** . Correlation is significant at the 0.01 level (2-tailed).