

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan dari kajian pustaka pada 8 jurnal artikel ilmiah terkait efektifitas penggunaan amlodipin pada pasien PGK yang dilaksanakan pada bulan April - Agustus 2022 dapat disimpulkan bahwa:

1. Penggunaan amlodipin pada pasien penyakit ginjal kronis umumnya tidak digunakan secara tunggal melainkan kombinasi dengan ARB, ACEi, dan Diuretik. Dibandingkan dengan pemakaian tunggal, kombinasi amlodipin (1x2.5-10 mg)po memberikan penurunan tekanan darah lebih signifikan tetapi tidak pada GFR/serum kreatinin.
2. Penggunaan amlodipin ditemukan tidak ditemukan efek samping pada semua jurnal.

5.2 Saran

Berdasarkan dari kajian pustaka pada empat artikel ilmiah terkait efektifitas penggunaan amlodipin pada pasien PGK yang dilaksanakan pada bulan April - Agustus 2022 diberikan saran sebagai berikut:

1. Perlu dilaksanakan kajian pustaka dengan memperluas database yang digunakan sehingga jurnal ilmiah yang digunakan dapat semakin banyak untuk memperoleh kesimpulan yang lebih objektif mengenai profil efektifitas dan keamanan penggunaan amlodipin.
2. Perlu dilaksanakan meta analisa untuk melihat signifikansi hasil dari beberapa penelitian dengan karakteristik maupun luaran hasil yang sama untuk mendapatkan kesimpulan yang lebih objektif mengenai profil efektifitas penggunaan amlodipin pada pasien PGK.

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