

BAB V

KESIMPULAN dan SARAN

5.1 Kesimpulan

1. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Angiotensin Converting Enzim Inhibitor (ACEI-inhibitor) pada Pasien Stroke Iskemik Rawat Inap di RSUD. Dr. Saiful Anwar Malang periode Januari 2013 sampai Juni 2013 diperoleh kesimpulan sebagai berikut :
 - a. Penggunaan ACE-inhibitor tunggal sebanyak 18 pasien (45%), dengan jenis, dosis, frekuensi dan rute paling banyak adalah captopril (3x25mg) per oral sebanyak 17 pasien (94,4%) dan lisinopril sebanyak 1 pasien (5,6%)
 - b. Penggunaan ACE-inhibitor kombinasi dengan antihipertensi lain sebanyak 22 pasien (55%) dengan kombinasi, dosis, frekuensi, dan rute paling banyak adalah captopril 3x25mg dan amlodipin 1x10mg secara oral sebanyak 5 pasien (22,72%)
2. Penggunaan obat golongan ACE-inhibitor yang diberikan pada pasien stroke iskemik rawat inap di RSUD. Dr. Saiful Anwar Malang, terkait dosis, rute, frekuensi, interval, dan lama pemberian sudah sesuai dengan *guidelines* yang ada.

5.2 Saran

Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.

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