

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

1. Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Obat Golongan Beta Bloker pada Pasien Rawat Inap di Rumah Sakit Umum Daerah Kabupaten Sidoarjo periode 1 Juli 2016 sampai 30 April 2017 diperoleh kesimpulan sebagai berikut :
 - a. Penggunaan propranolol tunggal paling banyak dengan dosis (3 x 10mg) p.o pada 12 pasien dengan persentase (40%).
 - b. Penggunaan bisoprolol tunggal paling banyak dengan dosis (3 x 10mg) p.o pada 3 pasien dengan persentase (10%).
2. Penggunaan beta bloker pada pasien sirosis hati tidak ditemukan terapi kombinasi maupun pergantian obat.

5.2 Saran

1. Diperlukan penelitian lebih lanjut dengan menggunakan metode prospektif agar peneliti dapat mengamati kondisi pasien dan permasalahan terkait terapi obat secara langsung, dapat berinteraksi dengan pasien, dokter dan para klinisi serta dihasilkan profil penggunaan obat yang lebih representatif.
2. Diperlukan pemeriksaan laboratorium secara rutin sehingga didapatkan data yang lengkap untuk menunjang pemantauan terapi.
3. Farmasis diharapkan dapat memberikan informasi dan edukasi secara langsung kepada tenaga kesehatan lain dan pasien terkait penggunaan obat sehingga tercapai efek terapi yang optimal.

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