

BAB 5

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Berdasarkan hasil penelitian yang berjudul Studi Penggunaan Kombinasi Fenitoin dan Natrium Valproat terhadap magnesium serum pasien dan jumlah kejang pasien epilepsi di RSUD dr. Soetomo Surabaya periode 1 Juli sampai 30 September 2017, diperoleh kesimpulan sebagai berikut :

1. Terapi kombinasi fenitoin dan natrium valproat tidak berpengaruh terhadap kadar magnesium pada pasien epilepsi
2. Terapi kombinasi fenitoin dan natrium valproat dapat meminimalkan jumlah kejang.
3. Tidak ditemukan permasalahan terkait obat.

5.2 Saran

Diperlukan penelitian yang lebih lanjut dengan menggunakan metode prospektif untuk agar peneliti dapat melihat kadar fenitoin dalam plasma selama penggunaan terapi kombinasi fenitoin dan natrium valproat.

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